

american spa

THE SPA & WELLNESS AUTHORITY

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wellness CONNECTION

THE WELL (NEW YORK CITY)

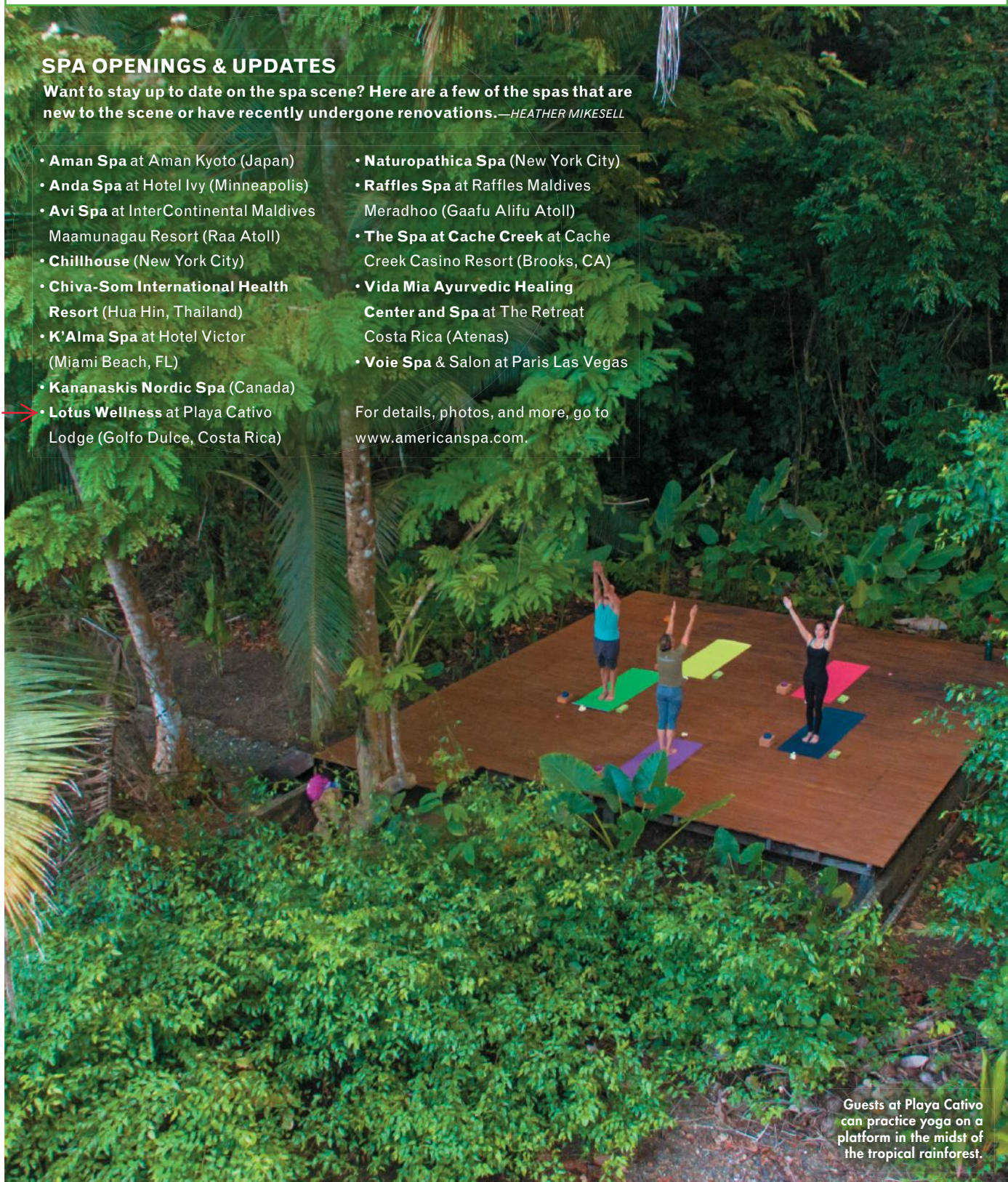
NEWS

wellness updates from around the world

SPA OPENINGS & UPDATES

Want to stay up to date on the spa scene? Here are a few of the spas that are new to the scene or have recently undergone renovations.—HEATHER MIKESELL

- **Aman Spa** at Aman Kyoto (Japan)
 - **Anda Spa** at Hotel Ivy (Minneapolis)
 - **Avi Spa** at InterContinental Maldives Maamunagau Resort (Raa Atoll)
 - **Chillhouse** (New York City)
 - **Chiva-Som International Health Resort** (Hua Hin, Thailand)
 - **K'Alma Spa** at Hotel Victor (Miami Beach, FL)
 - **Kananaskis Nordic Spa** (Canada)
 - **Lotus Wellness** at Playa Cativo Lodge (Golfo Dulce, Costa Rica)
 - **Naturopathica Spa** (New York City)
 - **Raffles Spa** at Raffles Maldives Meradhoo (Gaafu Alifu Atoll)
 - **The Spa at Cache Creek** at Cache Creek Casino Resort (Brooks, CA)
 - **Vida Mia Ayurvedic Healing Center and Spa** at The Retreat Costa Rica (Atenas)
 - **Voie Spa & Salon** at Paris Las Vegas
- For details, photos, and more, go to www.americanspa.com.



Guests at Playa Cativo can practice yoga on a platform in the midst of the tropical rainforest.